

# Behavioral Health

*Navigating life's challenges together!*

Behavioral health is an important part of your overall wellness plan. Left untreated, mental health concerns and substance use can negatively impact the quality of your everyday life. Our highly trained specialists can help you cope with life's challenges.

## Visit us for:

- Depression
- Anxiety
- Trauma
- Grief and loss
- Life transitions
- Substance use

## Our Services Include:

- Behavioral health evaluations
- Individual counseling
- Medication management
- Resource connection and coordination
- Substance use screening
- Telehealth appointments



To access services, call the  
Behavioral Health Line at  
**425-640-5492**

# YOU Matter!

## Behavioral Health Resources

- Crisis Line 24/7: **1-800-584-3578**
- Domestic Violence Help: **425-252-2873**
- Providence Behavioral Health Urgent Care  
1330 Rockefeller Ave, STE 140, Everett  
**425-261-4210**
- Refugee and Immigrant Services: **425-388-9307**
- Snohomish County Information Line: **Dial 2-1-1**
- WA Recovery Help Line: **1-866-789-1511**



## Community Health Centers

 Medical  Dental  Pharmacy  Walk-In Clinic

**ARLINGTON**     
326 S Stillaguamish Ave


**EVERETT-COLLEGE**   
930 N Broadway

**EDMONDS**      
23320 Hwy 99

**EVERETT-NORTH**     
1424 Broadway

**EVERETT-CENTRAL**      
4201 Rucker Ave

**EVERETT-SOUTH**     
1019 112th St SW

**LYNNWOOD**     
4111 194th St SW

*Providing access to high-quality,  
affordable healthcare.*

**425-640-5492**

[chcsno.org](http://chcsno.org)