

Physical Therapy

Moving you to better health!

Don't let pain or mobility limit activities you love. Physical therapy helps patient recover from injuries and prevents the same issues from reoccurring. Our therapists will work with you to create a customized care plan that meets your needs. Ask your provider if physical therapy is right for you.

Visit us for:

- Spinal injuries
- Joint injuries
- Osteoarthritis and osteoporosis
- Balance, vertigo, and fall risk
- Pre and post-operative care
- TMJ disorders
- Pelvic floor therapy

Treatments include:

- Patient education
- Manual therapy
- Mobility
- Strengthening
- Home exercise program



Call **425-789-3789** or visit **chcsno.org**
for more information about our services.

Physical Therapy Locations

EDMONDS

23320 Hwy 99

EVERETT-CENTRAL

4201 Rucker Ave

Physical therapy is available to established patients who have received a referral from a CHC primary care provider. Once a referral is received a scheduler will contact you to make an appointment.



Community Health Centers

Medical Dental Pharmacy Walk-In Clinic

ARLINGTON
326 S Stillaguamish Ave

EVERETT-COLLEGE
930 N Broadway

EDMONDS
23320 Hwy 99

EVERETT-NORTH
1424 Broadway

EVERETT-CENTRAL
4201 Rucker Ave

EVERETT-SOUTH
1019 112th St SW

LYNNWOOD
4111 194th St SW

Call to schedule an appointment at **425-532-3282** at one of our locations.

Providing access to high-quality, affordable healthcare.

